

Earn Wellness Credits

for 2020



HEALTH SCREENINGS

at the Chesapeake Public Schools Health Centers

In 15 minutes, a simple finger stick and a couple of non-invasive tests can provide clues about how to improve your health.

As an added bonus, you can earn Wellness Credits to **Lower your 2020 Health Insurance Premiums.**

To earn Wellness Credits, you must complete **BOTH** of the following between **October 1, 2018 and September 30, 2019.**

- 1) Fasting Biometric Health Screening
- 2) Online Health Risk Assessment

To schedule your appointment, call the Health Centers or go to My.Marathon-Health.com to book online.



APRIL SCREENINGS

Washington Shoppes

Tuesday, April 2, 2019

7 AM - 10 AM

Saturday, April 6, 2019

8 AM - 12:30 PM

Knells Ridge

Thursday, April 4, 2019

7 AM - 10 AM



Health Center | Washington Shoppes
838 Old George Washington Hwy, 23323
Phone: (757) 389-7631



Health Center | Knells Ridge
817 Botetourt Ct, 23320
Phone: (757) 389-7300