

# Virginia School Diabetes Medical Management Forms

Student:

School:

Effective Date:

Date of Birth:

Grade:

Homeroom Teacher:

## Instructions:

### **Part 1: Contact Information and Diabetes Medical History.**

To be completed by parent/guardian and returned to school nurse (prior to beginning of each school year or upon diagnosis).

**Includes:** Parent authorization for trained school designees to administer insulin and/or glucagon (required by Virginia Law).

### **Part 2\*: Diabetes Medical Management Plan (DMMP)**

Student's physician/provider to complete Intensive Therapy or Conventional Therapy/Type 2 version of DMMP.

**Please note:** that physician authorization for treatment by trained school designees must be included in the Diabetes Medical Management Plan or a separate form must be provided.

### **Part 3\*: Insulin Pump Supplement**

Have the physician/provider, diabetes educator, and parent/guardian collaborate to complete appropriate portions if your child wears an insulin pump.

### **Part 4\*: Permission to Self-Carry and Self-Administer Diabetes Care**

To be completed by the physician/provider, school nurse and the parent/guardian if your child is going to carry and self-administer insulin and/or perform blood glucose checks in the classroom.

**Virginia Diabetes Council School Diabetes Care Practice and Protocol** provides guidelines, accepted accommodations and references applicable to all students with diabetes. This document is available from your school nurse, the Department of Education Office of Student Services, or the Virginia Diabetes Council.

\*Other **Diabetes Medical Management Plans** may be used for **Parts 2, 3 & 4** as long as all components are represented.

Return completed forms to the school nurse as quickly as possible. Thank you for your cooperation.

School Nurse:

Phone:

Date:



**Student:**

## **Medical History**

**Parent/Guardian Response (check appropriate boxes and complete blanks)**

**Diagnosis information:**                      **At what age?**                                      **Type of diabetes?**

**How often is child seen by diabetes physician?**

**Frequency:**                                      **Date of last visit:**

**Nutritional needs:**

**Snacks:**

AM                      PM                      Prior to Exercise/Activity

Only in case of low blood glucose

Student may determine if CHO counting

In the event of a class party may eat the treat (include insulin coverage if indicated in medical orders)

student able to determine whether to eat the treat

replace with parent supplied treat

may NOT eat the treat

Other:

**Child's most common signs of low blood glucose:** Required section. Check all that apply.

Trembling                      Tingling                      Loss of Coordination                      Dizziness

Moist Skin/Sweating                      Slurred Speech                      Heart Pounding                      Hunger

Confusion                      Weakness                      Fatigue                      Seizure

Pale Skin                      Headache                      Unconsciousness

Changed in Mood or Behavior

Other:

**How often does child experience low blood glucose and how severe?**

**Mild/Moderate:**

Once a day

Once a week

Once a month

Indicate date(s) of last mild/moderate episode(s):

What time of day is most common for hypoglycemia to occur?

**Severe:** (i.e. unconscious, unable to swallow, seizure, or needed Glucagon)

Include date(s) of recent episode(s):

**Episode(s) of ketoacidosis:**

Include date(s) of recent episode(s):

**Field trips:** Parent/guardian will accompany child during field trips?

**Serious illness, injuries or hospitalizations this past year:**

Date(s) and describe:

