



Chesapeake Public Schools

Students Services and
Special Education Services
Edwards-Wilson Center
2107 East Liberty Street
Chesapeake, VA 23324

Physical Education is a requirement for students enrolled in Chesapeake Public Schools unless the student's physical condition prevents it. Any student who is unable to participate in regular Physical Education Classes may be assigned to an adaptive physical education class. Before a student can be assigned to an adaptive P.E. Program, the form below will need to be filled out by the attending physician. The form should then be returned to the school for use by the school health advisor and the physical education teacher. **This form is to be placed in the pupil's cumulative folder.**

I have examined _____ and recommend that he/she be excused from all physical exercise for a period of _____ weeks or may engage in limited physical exercises for _____ weeks. I have marked through the activities that he/she **cannot** participate in.

- | | | | |
|----------------------|-------------------|---|----------------------|
| Soccer | Basketball | Body Mechanics | Badminton |
| Speedball | Trampoline | Folk Dance (square) | Running-Jogging-Walk |
| Touch Football | Wrestling | Marching | Croquet |
| Wrestling | Tumbling (stunts) | Quiet Games | Weight Training |
| Field Hockey | Archery | Tennis | Circuit Training |
| Gymnastics | Table Tennis | Shuffle Board | Volleyball |
| Showering | Modern Dance | Calisthenics (designed to strengthen unimpaired body parts) | |
| Changing to gym suit | | | |

Will you kindly make any suggestions as to what the school can do to help the child.

Diagnosis _____

Signed _____ M.D.

Address _____

Date _____

School _____

Teacher _____

Health Advisor _____

Room _____