

Georgetown Primary School

Fall 2019 Physical Education Letter to Parents

Dear Parents/Guardians,

Welcome to Physical Education at Georgetown Primary School. We are very excited about working with you and your child during the upcoming year. Our goal is to meet the physical, social and emotional needs of your child in a caring environment that will allow him/her to develop to his/her highest potential. The Physical Education curriculum that your child will experience this year is based on the national and state Physical Education standards and best practices in teaching Physical Education. For more information visit <http://www.aahperd.org/>.

It is recommended that girls wear shorts or slacks underneath dresses on Physical Education days. We are very concerned about your child's safety and for that reason all children are required to wear tennis shoes/sneakers for safety purposes. Shoelaces must be laced snugly and tied on top of the sneaker. Hard sole shoes, dress shoes, boots, "croc", heeled footwear, slip-on shoes or shoes exposing toes make it difficult for children to participate safely and are not permitted. Children who come to Physical Education class wearing appropriate shoes and clothes will be able to fully participate in the activities.

Appropriate behavior is expected of all students. In order to have a safe and productive learning environment the school-wide discipline plan will be enforced. In addition students may have a time-out from an activity for misbehavior. Your child will attend Physical Education class two times a week for 30 minutes each lesson.

You are an integral part of your child's education and we believe home-school communication is of vital importance. We would like to extend an invitation for you to contact us at any time. We can be reached through the school main office at 757-578-7060. If you would like to talk in person, we are always available to schedule appointments before school, after school, or during planning periods. Please do not hesitate to contact us if you have any questions or concerns.

A note from a parent/guardian or doctor is required in order to excuse your child from any activities. Please notify us as well as the school nurse, as soon as possible, if your child has any physical restrictions that may need special attention while participating in Physical Education activities.

There are several ways you can help your child succeed in Physical Education.

1. Ask your child what he or she learned in Physical Education each day. This simple routine will help your child to review class material and for you to determine if your child is concerned or having problems with anything in Physical Education.
2. Please help your child establish a regular time and place to get some physical activity outside of the school day. Make time for the entire family to take a bike ride, walk or play a game. Ask your child to show you what activity she/he did in Physical Education that day.

Please refer to your child's classroom teacher for information concerning the two days a week your child will attend Physical Education class this school year.

We are looking forward to a wonderful year in Physical Education at Georgetown Primary School.

Moving and Learning Together,

Kristan Housholder
Physical Education Teacher

Brian Lynch
Physical Education Teacher