

August 15, 2019

Dear Grassfield High School Families,

Here we GO! In just a few short weeks, we will welcome yet another class of amazing Grizzlies. The faculty and staff are working hard to IMAGINE all the ways we can make this the best year for our students and GFH community.

Below are a few reminders of upcoming events and opportunities:

**Welcome Grizzly Class of 2023! Register for Freshman Fusion!** Grassfield High School's Freshman Fusion Day is scheduled for August 20 from 8:15 a.m. - 12:30 p.m. This is a fun opportunity for all rising freshmen to tour Grassfield High School, meet teachers, and fuse with new friends from all of our feeder middle schools. Students will be immersed in large groups, team building exercises, and friendly competitions. Students must be enrolled at Grassfield High School to attend. Preregister for this great opportunity on the GFH website or at the following

link [https://docs.google.com/forms/d/e/1FAIpQLSewt9j930wG6WaYMPKH\\_RFkeg0mJ48UT\\_ty\\_cJNNidJXRbAX7A/viewform](https://docs.google.com/forms/d/e/1FAIpQLSewt9j930wG6WaYMPKH_RFkeg0mJ48UT_ty_cJNNidJXRbAX7A/viewform)

**Parents of students new to Grassfield** (including rising 9<sup>th</sup> graders) are invited to attend the **Grizzly Gear Up** on August 20 at 6:30 p.m. We will explain Grizzly expectations; review athletic, academic and student activities opportunities; and give tips on how to help your student successfully transition to Grassfield High School.

**The Special Education Department invites parents of rising 9<sup>th</sup> graders** receiving Special Education services to attend **The Bear Basics**, an informational presentation and building tour for students and parents of rising 9<sup>th</sup> graders August 19 at 6:30 p.m. The Bear Basics will outline back to school information and expectations followed by a short question and answer period. The tour will help students get acquainted with the general layout of the building before the first day of school. Please register at <https://docs.google.com/forms/d/e/1FAIpQLSeN9KhmmKVHfjDf1vzKXQXavCbgbLID9c0Eh6rJXcG5vbAMsg/viewform>

**The SCA is collecting school supplies** to fill book bags for students at Rena B. Wright Primary School. Please consider bringing a donation for this good cause when you join us at Freshman Fusion, Bear Basics, or Grizzly Gear Up.

**Candid Color Photography is Grassfield's official photographer** for the Class of 2020. Additional summer sessions will be held in the GFH Auditorium August 21 and 22. Candid Color will provide the tuxedos and drapes, multiple backgrounds, and the senior will be able to choose from multiple sitting options. The sitting fee is due at the time of your appointment. They accept check, credit card, cash and money orders payable to Candid Color. For additional information, please see the flier at

<https://cpschools.com/gfh/wp-content/uploads/sites/65/2019/07/Senior20-Brochure-Chesapeake.pdf>

**AP Students** and their parents are invited to attend a meeting on August 30 from 1:00 pm.- 2:00 p.m. in the auditorium to discuss expectations of the College Board AP Program at Grassfield High School. After a general discussion of AP policies, rigor, and standards, AP teachers will be available to discuss individual AP courses. This meeting is particularly important for parents of students taking an AP course for the first time.

**Students and parents are welcome to attend the Club Fair August 30** from 2:00 p.m.-3:00 p.m. in the Food Court. Stay for **Student Orientation** from 3:00 p.m.-4:00 p.m. There will be a brief presentation in the Auditorium and then time for a self-guided tour of the building. Bring your schedules and find your classes!

**One Lunch will held most Wednesdays this year.** One Lunch gives students the opportunity to receive academic support and remediation, meet with teachers, complete missing work, collaborate with other students, join clubs and activities, and choose their paths to success. One Lunch gives students the opportunity to access instructional, social, and extra-curricular support during the school day.

**Dual Enrollment payments** for students taking DE College Composition, DE Western Civilization, DE VA/US History, and DE Teachers for Tomorrow are due soon. If paying in installments, the first installment of \$135.00 is due September 9, and the second installment of \$135.00 is due January 27, 2020. If paying the full amount, \$270.00 is due September 9. Payments may be made through OSP online at <https://osp.osmsinc.com/ChesapeakeVA/> or by check. The check should be made payable to Grassfield High School and can be dropped off in Main Guidance.

**Summer Enrollments:** Please encourage any new neighbors with high school age children in our school zone to register online at the CPS website and then call guidance at 558-4509 to schedule an appointment for summer enrollment to avoid transportation complications.

**Student schedules** and Back to School information will be mailed in late August.

**Grassfield High School is on Twitter!** Follow us @grassfield\_hs for exciting news and updates!  
**Grassfield High School is on Instagram !** Follow us @grassfield\_hs for exciting news and updates!

### **Grassfield High School Athletics**

The 2018-2019 sports year was a very successful one for Grassfield High School. The Grizzlies captured multiple Southeastern District Titles, Region 6A Championships and one VHSL State Championship. Grassfield also won the coveted *VHSL Claudia Dodson Sportsmanship Award* for the 10<sup>th</sup> time. Congratulations to all of our sports programs and good luck in 2019-2020!

## **2019-2020 Grassfield High Athletic Teams:**

### Fall Sports

Cheer- Dusti Harrell—[dusti.harrell@cpschools.com](mailto:dusti.harrell@cpschools.com)

Cross Country- Mike Sauer—[michael.sauer@cpschools.com](mailto:michael.sauer@cpschools.com)

Field Hockey- Kevin Ellis—[kevin.ellis@cpschools.com](mailto:kevin.ellis@cpschools.com)

Football- Marty Asprey—[marty.asprey@cpschools.com](mailto:marty.asprey@cpschools.com)

Golf- Bret Lieberman—[bret.lieberman@cpschools.com](mailto:bret.lieberman@cpschools.com)

Volleyball-Boys- Doray McConnell—[doray.mcconnell@cpschools.com](mailto:doray.mcconnell@cpschools.com)

Volleyball-Girls- Robin Smith—[robin.smith@cpschools.com](mailto:robin.smith@cpschools.com)

### **Winter Sports– Try outs Monday, November 11<sup>th</sup>**

Boys Basketball – Erik Johnson – [Coachejohnson3@gmail.com](mailto:Coachejohnson3@gmail.com)

Girls Basketball – TBD

Swimming – Eric Henniker - [Echenniker@gmail.com](mailto:Echenniker@gmail.com)

Gymnastics – Brooke Williams [Bwill018@odu.edu](mailto:Bwill018@odu.edu)

Wrestling – Patrick Shuler - [Patrick.Shuler@MFA.NET](mailto:Patrick.Shuler@MFA.NET)

Indoor Track – Leroy Harper – [Leroy.harperjr@cpschools.com](mailto:Leroy.harperjr@cpschools.com)

Cheer – Zoe Deuel - [Zoe.Deuel@cpschools.com](mailto:Zoe.Deuel@cpschools.com)

### **Spring Sports – Try outs Monday, February 24<sup>th</sup>**

Baseball – Gary Spedden – [Gary.spedden@cpschools.com](mailto:Gary.spedden@cpschools.com)

Softball – Leroy Bohn – [lbohn3@aol.com](mailto:lbohn3@aol.com)

Track and Field – Leroy Harper – [Leroy.harperjr@cpschools.com](mailto:Leroy.harperjr@cpschools.com)

Girls Soccer – Kevin Ellis – [Kevin.ellis@cpschools.com](mailto:Kevin.ellis@cpschools.com)

Boys Soccer – Zach Kalder – [Zach.Kalder@cpschools.com](mailto:Zach.Kalder@cpschools.com)

Girls Tennis – Christian Jones – [cjones167@odu.edu](mailto:cjones167@odu.edu)

Boys Tennis – Stephen Cutchin – [sw10is@aol.com](mailto:sw10is@aol.com)

\*Specific locations and times of tryouts can be obtained from the main office, the school website, or by contacting the coach directly via e-mails shown above.

\*A completed VHSL Physical Examination Form is required to be on file prior to trying out and participating in athletics. Forms may be found on the Athletic Website, the VHSL website or in the main office. (Other required forms for participation found on website: Social Media Contract, Concussion Form, CHKD release, CPS Sportsmanship Pledge, Emergency Information Form)

**Sports physicals** are offered three times a year at Grassfield High School and are done by CHKD physicians. The physicals are \$25 each and are offered in the months of November, February, and May. Exact dates are contingent upon physician availability and are advertised at least two weeks in advance. Physicals begin at 4 p.m. and end at 6 p.m. promptly. VHSL physical forms can be downloaded from the school athletic website. Physicals are not valid if dated prior to

May 1 of the previous school year. Parents are highly encouraged to maintain a copy of their athlete's physical for summer camps, transfers, etc.

**Ticket/Admission Prices** Regular Season Home Games - \$6 for Adults/Students, \$4 for Students K-12

**\*Please note: Parent discount cards will no longer be distributed or used.** Parents are encouraged to purchase season passes. Season passes can be obtained from the bookkeeper or athletic office during the day from 9:00 a.m. to 3:00 p.m. or at the first two volleyball and basketball games of the season.

FALL SEASON PASSES - \$35.00 - Non-transferable, must have I.D. along with pass. Good for all home regular season sporting events in the fall season – Excludes playoffs and tournaments.

WINTER SEASON PASSES - \$35.00 – Non-transferable, must have I.D. along with pass. Good for all home regular season sporting events in the fall season – Excludes playoffs and tournaments.

#### PLAYOFF TICKETS

Region Tournaments - \$8 General Admission

State Tournaments - \$10 General Admission

\*Ticket prices are set by district, region, and state councils – NOT Grassfield High School.

\*Faculty Passes are only good at regular season events that the staff member's school is participating.

\*Gold Card Passes are NOT acceptable at playoffs and tournaments – Only regular-season games.

#### **Acceptable passes for entry into Athletic Events:**

- VHSL Pass
- VHSCA (Coaches Pass)
- Media Credentials
- Gold Card/CPS Senior Citizen Pass (regular season ONLY)
- Grassfield Season Passes (regular season ONLY)
- Faculty passes of those schools participating in the competition

#### **Core Course GPA – NCAA Eligibility**

For the eighth year in row, every Grassfield High School athlete is invited to take advantage of Core Course GPA for FREE. Core Course GPA is a program that allows our athletes and their parents to track their progress to becoming eligible for NCAA participation. NCAA eligibility standards have changed for graduates after 2016. Information on how to create your personal account can be found on the athletics website or obtained from any Grassfield coach. All Grassfield High School athletes are highly encouraged to enroll.

**Check Schedules, Get Updates, Scores and More with "r-school"**

Parents and athletes can now check team schedules, records, scores, get updates on cancelations and postponements, and more utilizing “r-School”. All Grassfield parents and athletes are encouraged to go to [www.southeasterndistrictva.org](http://www.southeasterndistrictva.org) , go to the Grassfield High School tab. Download the app to get updates on your mobile device. More information regarding “r-School” can be found on the Grassfield Athletic website.

### **VHSL Alignments – Grassfield’s District, Region, and State**

The VHSL alignment changed yet again in 2018. Information regarding specific schools districts and regions can be found at [www.vhsl.org](http://www.vhsl.org). Grassfield currently competes in:

- Southeastern District (All Chesapeake and Suffolk secondary schools)
- Region 6A (Eleven level “6” high schools in Hampton Roads, Richmond and Roanoke)
- Virginia High School League (State Tournaments)

### **Grassfield High School Athletics Website**

Be sure to visit the Grassfield High School Athletic Website to obtain information on: dates for athletic physicals, Core Course GPA, required forms, concussion testing, “r-School”, athletic recognition ceremony dates, youth sports camps, contact information (Athletic Director, coaches, trainers), and upcoming events.

### ***Upcoming Events:***

August 30 – Club Fair (All students 2:00 p.m.)/ Fall Self-Guided Student Orientation (3:00 p.m.)

September 3—First Day of School!

September 11—Our first One Lunch

September 16– Fall PTSA Open House (6:30 p.m. Auditorium)

October 11—Homecoming parade (5:30 p.m.) and game (7:00 p.m.)

October 16 –PSAT (Audience: eligible 9<sup>th</sup> graders and all 10<sup>th</sup> and 11<sup>th</sup> grade students)

**We’ll see you soon!**

**Go, Grizzlies!**

**Mrs. Beth Pallister**  
**Assistant Principal for Instruction**