

Aflac Group Disability Advantage

INSURANCE PLAN — NONOCCUPATIONAL

A disabling illness or injury
may be unpredictable.

We'll help make sure they don't
affect your financial plans, too.



Continental American Insurance Company, a wholly owned
subsidiary of Aflac Incorporated, is the insuring company.



AFLAC GROUP DISABILITY INSURANCE PLAN

Policy Form C50000VA



Aflac can help you protect one of your most important assets. Your income.

All too often when we hear the words disability and insurance together, it conjures up an image of a catastrophic condition that has left an individual in an incapacitated state. Be it an accident or a sickness, that's the stereotype of a disabling injury that most of us have come to expect.

What most of us don't realize is that in addition to accidental injuries, conditions such as arthritis, heart disease, diabetes, and even pregnancy are some of the leading causes of disability that can keep you out of work and affect your income.

That's where Aflac group disability insurance can help.

Our Aflac group disability plan can help protect your income by offering disability benefits to help you make ends meet when you are out of work. Our plan was created with you in mind and includes:

- **Off-job only coverage.**
- **Benefits that help you maintain your standard of living.**

What you need, when you need it.

Group disability insurance pays cash benefits that you can use any way you see fit.



Here's why the Aflac group disability plan is right for you.

For more than 60 years, Aflac has been dedicated to helping provide individuals and families peace of mind and financial security when they've needed it most. Our group disability plan is just another innovative way to help make sure you're well protected under our wing.

But it doesn't stop there, having group short-term disability insurance from Aflac means that you will have added financial resources to help with medical costs or ongoing living expenses such as rent, mortgage or car payments.

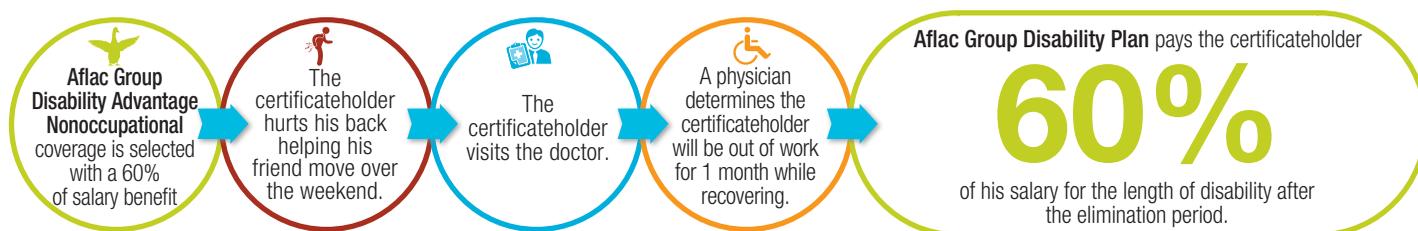
The Aflac group disability plan benefits:

- **Benefits are paid when you are sick or hurt and unable to work, up to 60 percent of your salary (up to 40% in states with state disability).**
- **Minimum and Maximum Total Monthly Benefit – \$300 to \$6,000.**
- **A 6 month benefit period and 0/7 elimination period applies.**
- **Premium payments are waived after 90 days of total disability (not available on 3 month benefit period).**
- **Partial Disability Benefit.**

Features:

- **Benefits are paid directly to you unless otherwise assigned.**
- **Coverage is portable. That means you can take it with you if you change jobs (with certain stipulations).**
- **Payroll Deduction – Premiums are paid through convenient payroll deduction.**
- **Fast claims payment. Most claims are processed in about four days.**

How it works



The plan has limitations and exclusions that may affect benefits payable. This brochure is for illustrative purposes only. Refer to your certificate for complete details, definitions, limitations, and exclusions.

For more information, ask your insurance agent/producer, call 1.800.433.3036, or visit aflacgroupinsurance.com.

Benefits Overview

TOTAL DISABILITY

This convenient, affordable disability income plan will help provide needed income if you become Totally Disabled and are unable to work due to a covered injury or illness. Total disability benefits will be payable monthly once the elimination period has been satisfied.

PARTIAL DISABILITY

The Partial Disability Benefit helps you transition back into full-time work after suffering a disability. If you remain partially disabled and are only able to work earning less than 80 percent of your pre-disability income at any job, this plan will still pay you 50 percent of your selected monthly benefit for up to the maximum partial disability benefit period of 3 months after the elimination period. You do not have to have received the Total Disability benefit to receive the Partial Disability benefit.

WAIVER OF PREMIUM

Premiums are waived after 90 days of Total Disability. After Total Disability benefits end, any premiums which become due must be paid in order to keep your insurance in force. This benefit is not available on plans with a 3-month benefit period.

PORTABILITY

If you cease employment with your employer, you may elect to continue your coverage. In order to continue your coverage you must meet all of the requirements listed below.

- You must work full-time for another employer.
- You must make a written application and pay the required premium to us within 31 days after the date your insurance would otherwise terminate.
- You must continue to pay any required premiums.

The coverage you may continue is that which you had on the date your employment terminated. If you qualify for this portability privilege as described, then the same benefits, plan provisions, and premium rate shown in your certificate as previously issued will apply. Coverage may not be continued if you fail to pay any required premium or if the master policy terminates. Instructions for continuing coverage will be provided within your certificate of coverage.

LIMITATIONS AND EXCLUSIONS

If this coverage will replace any existing individual policy please be aware that it may be in your best interest to maintain their individual guaranteed-renewable policy.

We will not pay benefits for loss caused by Pre-Existing Conditions (except as stated in the provision below).

We will not pay benefits whenever coverage provided by this Policy is in violation of any U.S. economic or trade sanctions. If the coverage violates U.S. economic or trade sanctions, such coverage shall be null and void.

We will not pay benefits whenever fraud is committed in making a claim under this coverage or any prior claim under any other Aflac coverage for which you received benefits that were not lawfully due and that fraudulently induced payment.

We will not pay benefits for a Disability that is caused by or occurs as a result of: 1. Any act of war, declared or undeclared; insurrection; rebellion; or act of participation in a riot; 2. Actively serving in any of the armed forces, or units auxiliary thereto, including the National Guard or Reserve; 3. An intentionally self-inflicted Injury; 4. A commission of a crime for which the Insured has been convicted; we will not pay a benefit for any Period of Disability during which the Insured is incarcerated; 5. Travel in, or jumping or descent from any aircraft, except when a fare-paying passenger in a licensed passenger aircraft; 6. Mental Illness as defined; 7. Alcoholism or drug addiction; 8. An Injury that arises from any employment; 9. Injury or Sickness that is covered by Worker's Compensation.

PRE-EXISTING CONDITION LIMITATION

Pre-existing Condition is an illness, disease, infection, disorder, pregnancy, or injury that existed within the 12-month period before the Effective Date. For a condition to have been Pre-existing a Doctor must have advised, diagnosed, or treated the covered employee, or symptoms existed that would ordinarily cause a prudent person to seek medical advice or treatment.

Treatment or Medical Treatment is the consultation, care, or services provided by a Doctor. This includes receiving any diagnostic measures and taking prescribed drugs and medicines.

We will not pay benefits for any Disability resulting from or affected by a Pre-existing Condition if the Disability was diagnosed within the 12-month period after the Effective Date.

We will not reduce or deny a claim for benefits for any Disability due to a pre-existing condition that was diagnosed more than 12 months after the Effective Date.

PREGNANCY LIMITATION

Within the first nine months of the Effective Date of coverage, we will not pay benefits for a Disability that is caused by, or occurs as a result of, your Pregnancy or childbirth. Disability due to Complications of Pregnancy will be covered to the same extent as a covered Sickness.

After this coverage has been in force for nine months from the Effective Date of coverage, Disability benefits for childbirth will be payable. The maximum Period of Disability allowed for Disability due to childbirth is six weeks for noncesarean delivery and eight weeks for cesarean delivery, less the Elimination Period, unless you furnish proof that your Disability continues beyond these time frames due to Complications of Pregnancy.

TERMS YOU NEED TO KNOW

Actively at Work refers to your ability to perform your regular employment duties for a full normal workday. You may perform these activities either at your employer's regular place of business or at a location where you may be required to travel to perform the regular duties of your employment.

Benefit Period is the maximum number of days after the Elimination Period, if any, for which you can be paid benefits for any period of disability. Each new Benefit Period is subject to a new Elimination Period.

Complications of Pregnancy refers to:

Conditions requiring Medical Treatment that comes before or comes after the

termination of a pregnancy. The diagnoses for this Medical Treatment must be distinct from pregnancy but either adversely affected by pregnancy or caused by pregnancy. For a condition to be a Complication of Pregnancy, it must constitute a classifiably distinct pregnancy complication. Examples of such Complications of Pregnancy are: 1. Acute nephritis; 2. Nephrosis; 3. Cardiac decompensation; 4. Missed abortion; 5. Disease of the vascular, hemopoietic, nervous, or endocrine systems; and 6. Similar medical and surgical conditions of comparable severity.

Further Complications of Pregnancy include:

1. Hyperemesis gravidarum and pre-eclampsia requiring hospital confinement; 2. Ectopic pregnancy that is terminated; and 3. Spontaneous termination of pregnancy that occurs during a period of gestation in which a viable birth is not possible.

Complications of Pregnancy do not include the following conditions:

1. Multiple gestation pregnancy; 2. false labor; 3. occasional spotting; and 4. morning sickness.

Other similar conditions associated with the management of a difficult pregnancy are not considered Complications of Pregnancy. Cesarean deliveries are not considered Complications of Pregnancy.

Effective Date is the date shown on the Certificate Schedule, provided you are actively at work, or if not, it is the date you are actively at work as an eligible employee

Elimination Period is the number of continuous days at the beginning of your Period of Disability for which no benefits are payable. Each new Benefit Period is subject to a new Elimination Period.

Injury refers to a bodily injury not otherwise excluded that is directly caused by a covered accident, is not caused by Sickness, disease, bodily infirmity, or any other cause, and occurs while coverage is in force.

Mental Illness is defined as a Total Disability resulting from psychiatric or psychological conditions, regardless of cause. Mental Illnesses and Emotional Disorders includes but are not limited to the following: bipolar affective disorder (manic-depressive syndrome), delusional (paranoid) disorders, psychotic disorders, somatoform disorders (psychosomatic illness), eating disorders, schizophrenia, anxiety disorders, depression, stress, post-partum depression, personality disorders and adjustment disorders or other condition usually treated by a mental health provider or other qualified provider using psychotherapy, psychotropic drugs or other similar modalities used in the treatment of the above conditions.

Partial Disability refers to your being under the care and attendance of a Doctor due to a condition that causes your inability to perform the material and substantial duties of your Full-Time Job. To qualify as Partial Disability, you are able to work at any job earning less than 80 percent of the Annual Income of your Full-Time Job at the time you became disabled.

Sickness refers to a covered illness, disease, infection, or any other abnormal physical condition that is not caused by an Injury, first manifested and first treated after the Effective Date of coverage, and occurs while coverage is in force.

Termination Coverage will terminate on the earliest of: (1) the date the master policy is terminated, (2) the 31st day after the premium due date if the required premium has not been paid, (3) the date you cease to meet the definition of an employee as defined in the master policy, (4) the date you no longer belong to an eligible class, (5) age 75.

Total Disability refers to your being under the care and attendance of a Doctor due to a condition that causes your inability to perform the material and substantial duties of your Full-Time Job. To qualify as Total Disability, you may not be working at any job.

You and Your refers to an employee as defined in the Plan.

Benefit and Premium Rates

20 Rates per \$100 of monthly benefit

Age Band	18-49	50-64	65-74
Premium Rate	\$2.18	\$2.34	\$2.96

Annual Salary Range	Monthly Benefit	AGE 18-49	AGE 50-64	AGE 65-74
\$9,000 to \$9,999	\$400	\$8.74	\$9.36	\$11.86
\$10,000 to \$11,999	\$500	\$10.92	\$11.70	\$14.82
\$12,000 to \$13,999	\$600	\$13.10	\$14.04	\$17.78
\$14,000 to \$15,999	\$700	\$15.29	\$16.38	\$20.75
\$16,000 to \$17,999	\$800	\$17.47	\$18.72	\$23.71
\$18,000 to \$19,999	\$900	\$19.66	\$21.06	\$26.68
\$20,000 to \$21,999	\$1,000	\$21.84	\$23.40	\$29.64
\$22,000 to \$23,999	\$1,100	\$24.02	\$25.74	\$32.60
\$24,000 to \$25,999	\$1,200	\$26.21	\$28.08	\$35.57
\$26,000 to \$27,999	\$1,300	\$28.39	\$30.42	\$38.53
\$28,000 to \$29,999	\$1,400	\$30.58	\$32.76	\$41.50
\$30,000 to \$31,999	\$1,500	\$32.76	\$35.10	\$44.46
\$32,000 to \$33,999	\$1,600	\$34.94	\$37.44	\$47.42
\$34,000 to \$35,999	\$1,700	\$37.13	\$39.78	\$50.39
\$36,000 to \$37,999	\$1,800	\$39.31	\$42.12	\$53.35
\$38,000 to \$39,999	\$1,900	\$41.50	\$44.46	\$56.32
\$40,000 to \$41,999	\$2,000	\$43.68	\$46.80	\$59.28
\$42,000 to \$43,999	\$2,100	\$45.86	\$49.14	\$62.24
\$44,000 to \$45,999	\$2,200	\$48.05	\$51.48	\$65.21
\$46,000 to \$47,999	\$2,300	\$50.23	\$53.82	\$68.17
\$48,000 to \$49,999	\$2,400	\$52.42	\$56.16	\$71.14
\$50,000 to \$51,999	\$2,500	\$54.60	\$58.50	\$74.10
\$52,000 to \$53,999	\$2,600	\$56.78	\$60.84	\$77.06
\$54,000 to \$55,999	\$2,700	\$58.97	\$63.18	\$80.03
\$56,000 to \$57,999	\$2,800	\$61.15	\$65.52	\$82.99
\$58,000 to \$59,999	\$2,900	\$63.34	\$67.86	\$85.96
\$60,000 to \$61,999	\$3,000	\$65.52	\$70.20	\$88.92
\$62,000 to \$63,999	\$3,100	\$67.70	\$72.54	\$91.88
\$64,000 to \$65,999	\$3,200	\$69.89	\$74.88	\$94.85
\$66,000 to \$67,999	\$3,300	\$72.07	\$77.22	\$97.81
\$68,000 to \$69,999	\$3,400	\$74.26	\$79.56	\$100.78
\$70,000 to \$71,999	\$3,500	\$76.44	\$81.90	\$103.74

Annual Salary Range	Monthly Benefit	AGE 18-49	AGE 50-64	AGE 65-74
\$72,000 to \$73,999	\$3,600	\$78.62	\$84.24	\$106.70
\$74,000 to \$75,999	\$3,700	\$80.81	\$86.58	\$109.67
\$76,000 to \$77,999	\$3,800	\$82.99	\$88.92	\$112.63
\$78,000 to \$79,999	\$3,900	\$85.18	\$91.26	\$115.60
\$80,000 to \$81,999	\$4,000	\$87.36	\$93.60	\$118.56
\$82,000 to \$83,999	\$4,100	\$89.54	\$95.94	\$121.52
\$84,000 to \$85,999	\$4,200	\$91.73	\$98.28	\$124.49
\$86,000 to \$87,999	\$4,300	\$93.91	\$100.62	\$127.45
\$88,000 to \$89,999	\$4,400	\$96.10	\$102.96	\$130.42
\$90,000 to \$91,999	\$4,500	\$98.28	\$105.30	\$133.38
\$92,000 to \$93,999	\$4,600	\$100.46	\$107.64	\$136.34
\$94,000 to \$95,999	\$4,700	\$102.65	\$109.98	\$139.31
\$96,000 to \$97,999	\$4,800	\$104.83	\$112.32	\$142.27
\$98,000 to \$99,999	\$4,900	\$107.02	\$114.66	\$145.24
\$100,000 to \$101,999	\$5,000	\$109.20	\$117.00	\$148.20
\$102,000 to \$103,999	\$5,100	\$111.38	\$119.34	\$151.16
\$104,000 to \$105,999	\$5,200	\$113.57	\$121.68	\$154.13
\$106,000 to \$107,999	\$5,300	\$115.75	\$124.02	\$157.09
\$108,000 to \$109,999	\$5,400	\$117.94	\$126.36	\$160.06
\$110,000 to \$111,999	\$5,500	\$120.12	\$128.70	\$163.02
\$112,000 to \$113,999	\$5,600	\$122.30	\$131.04	\$165.98
\$114,000 to \$115,999	\$5,700	\$124.49	\$133.38	\$168.95
\$116,000 to \$117,999	\$5,800	\$126.67	\$135.72	\$171.91
\$118,000 to \$119,999	\$5,900	\$128.86	\$138.06	\$174.88
\$120,000 or more	\$6,000	\$131.04	\$140.40	\$177.84

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This brochure is a brief description of coverage and is not a contract. Read your certificate carefully for exact terms and conditions.
This brochure is subject to the terms, conditions, and limitations of Policy Form C50000VA.