

# DEEP CREEK MIDDLE SCHOOL

SCHOOL COUNSELING OFFICE NEWS LETTER

*Home of the Hornets!*

## ADMINISTRATION

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**MR. BRIAN HAUGHINBERRY**  
PRINCIPAL

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**DR. LYCHELLIA CHEEKS**  
ASST. PRINCIPAL 8TH GRADE

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**MR. RESS WALKER**  
ASST. PRINCIPAL 7TH GRADE

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**MRS. TRACEY SABBATO**  
ASST. PRINCIPAL 6TH GRADE

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## SCHOOL COUNSELORS

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**MRS. SARAH ROBERSON**  
GUIDANCE DIRECTOR  
7TH GRADE COUNSELOR

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**MRS. RENEE RICHARDSON**  
8TH GRADE COUNSELOR

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**MS. RACHEL DANGERFIELD**  
6TH GRADE COUNSELOR

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**MRS. JESSICA INGALLS**  
DATA QUALITY SECRETARY

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## We Are On A Mission

The mission of Deep Creek Middle School is to effectively motivate students to further their academic, social and emotional development by instilling a positive outlook that promotes lifelong learning and global awareness in a comprehensive, safe and academically challenging environment through the cooperation of students, staff, family and community.

## The Role of the School Counselor

- Incorporate leadership, advocacy and collaboration in the educational setting.
- Promote equity and access to opportunities and rigorous educational experiences to all students.
- Support a safe learning environment and work to safeguard the human rights of members of the school community.
- Collaborate with other stakeholders to promote student achievement.
- Address the needs of all students through prevention and intervention programs.

## CAREER DEVELOPMENT

HELP STUDENTS ACQUIRE INFORMATION AND DEVELOP A PLAN OF ACTION ABOUT POST-SECONDARY AND CAREER OPPORTUNITIES.

## PERSONAL/SOCIAL DEVELOPMENT

HELP STUDENTS DEVELOP AN UNDERSTANDING OF THEMSELVES, THE RIGHTS AND NEEDS OF OTHERS, HOW TO RESOLVE CONFLICT AND TO DEFINE INDIVIDUAL GOALS, REFLECTING THEIR INTERESTS, ABILITIES AND APTITUDES.

## ACADEMIC DEVELOPMENT

- ASSIST STUDENTS AND THEIR PARENTS TO ACQUIRE KNOWLEDGE OF THE CURRICULUM CHOICES AVAILABLE TO STUDENTS, PLAN A PROGRAM OF STUDY AND PREPARE FOR POST-SECONDARY ACADEMIC OPPORTUNITIES.

### HOW TO SEE THE COUNSELOR

Each student has a school counselor designated to their grade level. Listed below are some ways a student may see the school counselor

- Student self-referral (personal request)
  - Parent referral
  - Teacher/Administration referral
  - Referral by friend
  - Counselor Request
- \* If the counselor is not available (and the student is not in immediate danger), the student can fill out an counselor's appointment slip and the counselor will follow up with the student in a timely manner.

- Book Club
- Chess Club
- Debate Team
- Drama Club
- Energy Club
- FCCLA- Family, Career and Community Leaders of America
- Field Hockey Club
- Forensics Team
- Girls Rock
- Guitar Club
- Intramural Sports
- Mayor's Ambassadors

- Military Alliance Student Team (MAST)
- Spelling Bee Club
- SCA- Student Council Association
- TSA- Technology Student Association
- Unity Club
- World Culture Club
- Yearbook Club

GET INVOLVED!

Contact Us!  
1955 Deal Drive  
Chesapeake, VA  
23323

Phone: 757-558-5321  
Fax: 757-558-5320

## 12 Tips for Success

- Be in school everyday.
- Take the right classes for you.
- Be organized.
- Listen in class.
- Take good notes.
- Do every assignment.
- Participate in class.
- Study ahead for tests.
- Eat right, exercise and get enough sleep.
- Ask for help when you need it.
- Embrace new challenges.
- Be willing to learn from your mistakes